



LALIGA ACADEMY

POWERED BY 



SEASON 2024/2025

HANDBOOK

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# START YOUR LALIGA ACADEMY JOURNEY

## EXPLORE FOOTBALL FUN AT LALIGA ACADEMY DUBAI!

Dive into the world of Football excellence at the finest facilities. Weaving together skill, strategy, fitness, and brainpower, we create a thrilling blend that sparks excitement with every decision made on the field. Join us for an unforgettable Spanish football journey packed with exhilarating moments and valuable learning experiences.

## EXPERTISE ELEVATED WITH UEFA - CERTIFIED SPANISH PROFESSIONAL COACHES

With three different levels – DEVELOPMENT, ADVANCE AND HPC- our personalized training is designed to bring out the best in every player. Coaches diligently evaluate each athlete throughout the season, identifying strengths and areas for improvement.



# METHODOLOGY

## START YOUR LALIGA ACADEMY JOURNEY



Tactical and  
cognitive



Technical and  
coordination



Physical and  
fitness



Psychological and  
socio-affective

The LaLiga Methodology of Training in LaLiga Academies is a structured process tailored to each stage of a player's development, ensuring peak performance and essential life skills. It covers coaching, training, player development, and performance analysis with a player-centric approach that hones technical, tactical, physical, and cognitive skills to enhance decision-making.

LaLiga Academy focuses on holistic development, combining advanced football training with education. It emphasizes technical, tactical, physical, and psychological aspects using state-of-the-art facilities and innovative coaching.



# TRAINING PROGRAMS

## DEVELOPMENT PROGRAM

Our Development Program, open to all players between the ages of 4 & 17, is aimed at improving their skills & fitness. The program focuses on enhancing individual technique in terms of game tactics & strategy, while also introducing positions & teamwork. One of our distinguished features is the personalization of training, our coaches evaluate each player throughout their season to identify their strengths & areas for improvement.

Participants train 2 days per week & participate in friendly matches.

## ADVANCED PROGRAM

Our Advanced program offers aspiring football players training similar to LaLiga youth programs in Spain.

The program, led by LaLiga's UEFA Pro certified coaches, emphasizes LaLiga's style of play, techniques, & philosophy. It integrates technical, tactical, physical, cognitive, emotional & social aspects to enhance each player's game understanding.

Training is 3 days per week, & top talents from our Advanced squads may be selected for trials for our High Performance Program (HPC).

## HIGH PERFORMANCE PROGRAM

Our HPC program trains players year-round to become national, regional & international pro-footballers. Our training meets the standards of youth footballers in Spain, providing a foundation for college or pro-football.

We emphasize high performance through game strategy, with intense tactical drills to boost endurance, reaction speed, strength, conditioning & recovery. Training is 3 days per week and players get to compete in local leagues, national and international tournaments.

# YOUR PATHWAY TO PROFESSIONAL FOOTBALL: THE LALIGA ACADEMY DUBAI AND UNITED FC PARTNERSHIP



At LaLiga Academy Dubai, we are committed to not just developing your skills, but also providing a clear and attainable path toward a professional football career. Our strategic partnership with United FC, a leading professional football club competing in the UAE First Division League, is a significant milestone in achieving this goal.

## WHAT DOES THIS PARTNERSHIP MEAN FOR YOU?

This collaboration opens up a world of opportunities for our academy players. By aligning with United FC, we have created a direct pathway from our academy to professional football. United FC's talent development team works closely with our coaches, identifying promising players, mentoring them, and guiding them through the transition from youth football to the professional ranks.



## WHY THIS MATTERS

For many young athletes, the dream of becoming a professional footballer can seem distant. However, our affiliation with United FC brings that dream within reach. By training at LaLiga Academy Dubai, you are not only honing your skills at one of the premier youth football academies in the region but also positioning yourself to be noticed by professional scouts and coaches actively seeking talent for their team.

## A UNIQUE OPPORTUNITY IN THE UAE

In a country where football is rapidly growing, this partnership is a transformative step in nurturing homegrown talent. United FC is dedicated to developing players who can compete at the highest levels, with the ultimate goal of achieving promotion to the UAE ADNOC Pro League. As a player at LaLiga Academy Dubai, you are at the forefront of this movement, with the full support of a professional club that is invested in your future.



# LOCAL AND INTERNATIONAL TOURNAMENTS





# OUR COACHES

UEFA Certified Spanish Football Coaches Well Versed In The Laliga Way of Playing Football



**JAVIER  
HERNÁNDEZ HERVÁS**  
Technical Director



**IVÁN PÉREZ  
VÁZQUEZ**  
Head Coach, ISD



**JOSÉ LUIS  
SOTO GALLEGO**  
Head Coach, ISD



**DAFNE  
MARTÍNEZ**  
Girls Head Coach



**GABRIEL  
ROJAS**  
Head Coach,  
Academy Park



**MARC  
AVILA**  
Academy Coach



**GERMAN  
JIMENEZ**  
Academy Coach  
& Fitness Coach



**TOMEU  
PERELLO**  
Academy Coach



**SERGIO  
BALSERA RUBIO**  
Academy Coach



**MANEL  
DE RAMON**  
Academy Coach



**DANIEL  
MARTÍNEZ**  
Academy Coach



**LUCA  
ANTONINI**  
Academy Coach

**A COMMITMENT TO GRASSROOTS FÚTBOL**



**ISD DUBAI SPORTS CITY**

SPORTS VILLAGE • DUBAI SPORTS CITY



**POLICE ACADEMY PARK**

AL SUFOUH 2

# ISD DUBAI SPORTS CITY

SPORTS VILLAGE • DUBAI SPORTS CITY

## PRICING . DEVELOPMENT PROGRAMS

Age Category & Gender	Session Duration	Term 1 (15 weeks)	Term 2 (11 weeks)	Term 3 (12 weeks)	Term 1&2 Combined	Term 2&3 Combined	Full Season
U4	45 Minutes	3623	2125	2898	4886	4521	7781
U6	60 Minutes	3780	2218	3024	5100	4718	8120
U8	60 Minutes	3780	2218	3024	5100	4718	8120
U10	75 Minutes	4331	2541	3465	5841	5405	9303
U12	90 Minutes	5195	3050	4158	7008	6487	11163
U14	90 Minutes	5195	3050	4158	7008	6487	11163
U16	90 Minutes	5195	3050	4158	7008	6487	11163
U18	90 Minutes	5195	3050	4158	7008	6487	11163
Girls U8	60 Minutes	2310	1356	1848	3120	2885	4965
Girls U10/U12	75 Minutes	2550	1500	2040	3445	3186	5481
Girls U13/U14	90 Minutes	3465	2033	2772	4673	4325	7443
Girls U16	90 Minutes	3465	2033	2772	4673	4325	7443

**FULL SEASON SAVE AED 350 ON TOP OF A 10% DISCOUNT**

**TERM 1&2 15% DISCOUNT**

**TERM 2&3 10% DISCOUNT**

• Prices mentioned are for a program with 2X training days per week • Ramadan special: Term 2 sessions are priced 20% less than regular sessions • Girls' programs are priced 33% less than regular ones

# ISD DUBAI SPORTS CITY

SPORTS VILLAGE • DUBAI SPORTS CITY

## PRICING . ADVANCED & HIGH PERFORMANCE PROGRAMS

Age Category & Gender	Session Duration	Term 1 (15 weeks)	Term 2 (11 weeks)	Term 3 (12 weeks)	Term 1&2 Combined	Term 2&3 Combined	Full Season
U7/U8	60 Minutes	5434	2790	4347	7402	6066	11000
U9/ U10	90 Minutes	7796	4002	6237	10618	8703	15781
U11/U12	90 Minutes	7796	4002	6237	10618	8703	15781
U13/U14	90 Minutes	7796	4002	6237	10618	8703	15781
U15/U16	90 Minutes	7796	4002	6237	10618	8703	15781
U17/U18	90 Minutes	7796	4002	6237	10618	8703	15781
Adv Girls	90 Minutes	5200	2670	4158	7083	5804	10525

**FULL SEASON SAVE UP TO AED 1400 ON TOP OF A 12.5% DISCOUNT**

**TERM 1&2 10% DISCOUNT**

**TERM 2&3 15% DISCOUNT**

• Prices mentioned are for a program with 3X training days per week • Ramadan special: Term 2 sessions are priced 30% less than regular sessions • Girls' programs are priced 33% less than regular ones

## REGISTRATION FEE

	T1	T2	T3	
Development	350	350	350	Training Kit & Bag
Advanced	1250	1250	625	Training Kit, Match Kit, Back Pack, Jacket. Includes participation fees for competitive leagues
HPC	1400	1400	700	Training Kit, Match Kit, Back Pack, Track Suit. Includes participation fees for competitive leagues and Mina cup qualifiers



## SCHEDULE - DEVELOPMENT

Age Category & Gender	Monday	Tuesday	Wednesday	Thursday
U4	4:00 - 4:45	4:00 - 4:45	4:00 - 4:45	4:00 - 4:45
U6	4:00 - 5:00 5:00 - 6:00	4:00 - 5:00 5:00 - 6:00	4:00 - 5:00 5:00 - 6:00	4:00 - 5:00 5:00 - 6:00
U8	4:00 - 5:00 5:00 - 6:00	4:00 - 5:00 5:00 - 6:00	4:00 - 5:00 5:00 - 6:00	4:00 - 5:00 5:00 - 6:00
U10	5:00 - 6:15 6:15 - 7:30	5:00 - 6:15 6:15 - 7:30	5:00 - 6:15 6:15 - 7:30	5:00 - 6:15 6:15 - 7:30
U12	6:00 - 7:30 7:30 - 9:00	6:00 - 7:30 7:30 - 9:00	6:00 - 7:30 7:30 - 9:00	6:00 - 7:30 7:30 - 9:00
U14	6:00 - 7:30 7:30 - 9:00	6:00 - 7:30 7:30 - 9:00	6:00 - 7:30 7:30 - 9:00	6:00 - 7:30 7:30 - 9:00
U16	7:30 - 9:00	6:00 - 7:30 7:30 - 9:00	7:30 - 9:00	6:00 - 7:30 7:30 - 9:00
U18	7:30 - 9:00		7:30 - 9:00	
U8 Girls	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00
U10/U12 Girls	5:00 - 6:15		5:00 - 6:15	
U14 Girls		6:00 - 7:30		6:00 - 7:30
U16 Girls		6:00 - 7:30		6:00 - 7:30

### TERMS

**Term 1:** Sep 2 to Dec 13 (15 Weeks)

**Term 2:** Jan 6 to Mar 21 (11 Weeks)

**Term 3:** Apr 7 to Jun 27 (12 Weeks)

### CAMPS

#### Winter Camp:

Dec 16 to Jan 3 (3 Weeks)

#### Spring Camp:

Mar 24 to Apr 4 (2 Weeks)

#### Summer Camp:

Jun 30 to Aug 15 (7 Weeks)

*\*Weekdays Only*

## SCHEDULE - ADVANCED & HPC

Age Category & Gender	Monday	Tuesday	Wednesday	Thursday	Friday
U7 ADV	5:00 - 6:00		5:00 - 6:00		4:00 - 5:00
U8 ADV	5:00 - 6:00		5:00 - 6:00		4:00 - 5:00
U9 ADV	6:00 - 7:30		6:00 - 7:30		5:00 - 6:30
U10 ADV	6:00 - 7:30		6:00 - 7:30		5:00 - 6:30
U11 ADV	6:00 - 7:30		6:00 - 7:30		5:00 - 6:30
U12 ADV	6:00 - 7:30		6:00 - 7:30		5:00 - 6:30
U12 HPC	6:00 - 7:30		6:00 - 7:30		5:00 - 6:30
U13 ADV		6:00 - 7:30		6:00 - 7:30	5:00 - 6:30
U13 HPC		6:00 - 7:30		6:00 - 7:30	5:00 - 6:30
U14 HPC		6:00 - 7:30		6:00 - 7:30	6:30 - 8:00
U15 ADV	7:30 - 9:00		7:30 - 9:00		6:30 - 8:00
U15 HPC	7:30 - 9:00		7:30 - 9:00		6:30 - 8:00
U16 ADV	7:30 - 9:00		7:30 - 9:00		6:30 - 8:00
U16 HPC		7:30 - 9:00		7:30 - 9:00	6:30 - 8:00
U18 ADV		7:30 - 9:00		7:30 - 9:00	6:30 - 8:00
U18 HPC		7:30 - 9:00		7:30 - 9:00	6:30 - 8:00
U13/U14 Girls	6:00 - 7:30		6:00 - 7:30		
U15 Girls		6:00 - 7:30		6:00 - 7:30	5:00 - 6:30
U17 Girls	7:30 - 9:00		7:30 - 9:00		6:30 - 8:00



# STADIUMS



LALIGA ACADEMY  
DUBAI



**POLICE ACADEMY PARK**  
AL SUFOUH 2



**ISD DUBAI SPORTS CITY**  
SPORTS VILLAGE • DUBAI SPORTS CITY

# POLICE ACADEMY PARK

AL SUFOUH 2

## PRICING . DEVELOPMENT PROGRAMS [2X SESSIONS PER WEEK]

Age Category & Gender	Session Duration	Term 1 (15 weeks)	Term 2 (11 weeks)	Term 3 (12 weeks)	Term 1&2 Combined	Term 2&3 Combined	Full Season
U6	60 Minutes	3465	2033	2772	4673	4325	7443
U8	60 Minutes	3465	2033	2772	4673	4325	7443
U10	60 Minutes	3465	2033	2772	4673	4325	7443
U12	60 Minutes	3465	2033	2772	4673	4325	7443
U14	60 Minutes	3465	2033	2772	4673	4325	7443
U16	60 Minutes	3465	2033	2772	4673	4325	7443

## PRICING . DEVELOPMENT PROGRAMS [1X SESSION PER WEEK, FRIDAYS ONLY]

Age Category & Gender	Session Duration	Term 1 (15 weeks)	Term 2 (11 weeks)	Term 3 (12 weeks)	Term 1&2 Combined	Term 2&3 Combined	Full Season
U6	60 Minutes	1733	1016	1386	2337	2162	3722
U8	60 Minutes	1733	1016	1386	2337	2162	3722
U10	60 Minutes	1733	1016	1386	2337	2162	3722

**FULL SEASON SAVE AED 350 ON TOP OF A 10% DISCOUNT**

**TERM 1&2 15% DISCOUNT**

**TERM 2&3 10% DISCOUNT**

- Ramadan special: Term 2 sessions are priced 20% less than regular sessions



# POLICE ACADEMY PARK

AL SUFOUH 2

## PRICING . ADVANCED PROGRAMS

Age Category & Gender	Session Duration	Term 1 (15 weeks)	Term 2 (11 weeks)	Term 3 (12 weeks)	Term 1&2 Combined	Term 2&3 Combined	Full Season
U8	60 Minutes	5198	2668	4158	7080	5802	10521
U10	60 Minutes	5198	2668	4158	7080	5802	10521
U12	60 Minutes	5198	2668	4158	7080	5802	10521
U14	60 Minutes	5198	2668	4158	7080	5802	10521

**FULL SEASON SAVE UP TO AED 1100 ON TOP OF A 12.5% DISCOUNT**

**TERM 1&2 10% DISCOUNT**

**TERM 2&3 15% DISCOUNT**

- Prices mentioned are for a program with 3X training days per week
- Ramadan special: Term 2 sessions are priced 30% less than regular sessions

## REGISTRATION FEE

	T1	T2	T3
Development	350	350	350
Advanced	1100	1100	550



# POLICE ACADEMY PARK

AL SUFOUH 2

## SCHEDULE . DEVELOPMENT

Age Category & Gender	Monday	Tuesday	Wednesday	Thursday	Friday
U6	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00
U8	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00
U10		5:00 - 6:00 6:00 - 7:00		5:00 - 6:00 6:00 - 7:00	5:00 - 6:00
U12		6:00 - 7:00		6:00 - 7:00	
U14		6:00 - 7:00		6:00 - 7:00	
U16		6:00 - 7:00		6:00 - 7:00	

## SCHEDULE . ADVANCED

Age Category & Gender	Monday	Tuesday	Wednesday	Thursday	Friday
U8 ADV	5:00 - 6:00		5:00 - 6:00		5:00 - 6:00
U10 ADV	6:00 - 7:00		6:00 - 7:00		6:00 - 7:00
U12 ADV	6:00 - 7:00		6:00 - 7:00		6:00 - 7:00
U14 ADV	6:00 - 7:00		6:00 - 7:00		6:00 - 7:00




# GOT A QUESTION? REACH TO US



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